## PRIME LINE VERTICAL PRESS

**USER MANUAL** 



It is with great pleasure that we offer you the opportunity, guidance and encouragement to practice aerobic and muscular exercises, getting like this, the physical preparation needed to feel good. We guarantee a reliable and modern product, produced with high technology for people who care about their well-being. This manual covers the main information, the basic structure and the main operation and preventive maintenance. It will help you familiarize yourself with all the equipment functions, for you enjoy it for a long time.



Carefully read the safety and usage guidelines contained herein. Follow the guidelines for correct assembly of the product.

**Caution:** Do not push any objects into the openings of the product. Stay clear of moving parts.

Safety and security: it is the owner's responsibility to ensure that all users are properly informed about safety precautions, use, maintenance and care of the product.



Inappropriate use for children and animals.

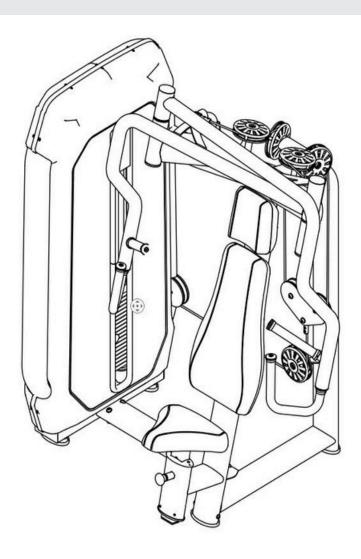


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# english

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#### **COMPONENTS AND TECHNICAL SPECIFICATIONS**



Product		Packaged	
Net weight (approximate)	242kg	Gross weight	282kg
Maximum width		Width (carton box)	1140mm
Maximum length	1430mm	Height (carton box)	980mm
Maximum height	1605mm	Lenght (carton box)	1600mm

#### **SPARE PART LIST**

4		G.			
No.1	D6005-0100 Main bracket (1pc)	No.2	04-MX6005-0000 Small door welding set (1pc)	No.3	01-X6012-0123 Bottom connecting pipe (1pc)
2					
No.4	01-X6005-0001 Connecting support (1pc)	No.5	07-MX60-0701 New large backrest cushion (1pc)	No.6	New small cushion assembly (1pc)
No.7	D6005-0200 Right arm welding set (1pc)	No.8	6005-0500 Left shaft (1pc)	No.9	05-X60-5001 Aluminum pipe plug 60 (4pcs)
No.10	Ordinary flat key A type key 8×7×25 (2pcs)	No.11	5013-0211 Small round baffle (4pcs)	No.12	GT004 (2pcs)
No.13	05-X6002-1004 O-ring (4pcs)	No.14	03-X6005-0002 Galvanized shaft (1pc)	No.15	D6005-0300 Left boom (1pc)
(	••••••			0	
No.16	D6005-0400 Seat welding set (1pc)	No.17	07-X60-0703 Triangular cushion (1pc)	No.18	M10 spherical bearing (2pcs)
No.19	GT003 (1pc)	No.20	GT002 (1pc)	No.21	Hanging pulley assembly (1pc)

				. (	
No.22	D6-002 Single rope rear guard (1pc)	No.23	D6-001 Single rope front guard set (1pc)	No.24	D6-005 Upper guard strip (1pc)
			3		0
No.25	D6-006 Lower guard bar (2pcs)	No.26	03-MX60-0110 Counterweight guide rod (2pcs)	No.27	91# (2pcs)
No.28	Long weight stack (18pcs)	No.29	New pull pin 41# (1pc)	No.30	06-MX60-0611 Weighted rubber column (2pcs)
	W.1.W				
No.31	Long counterweight head set	No.32	D6005 Wire Rope		

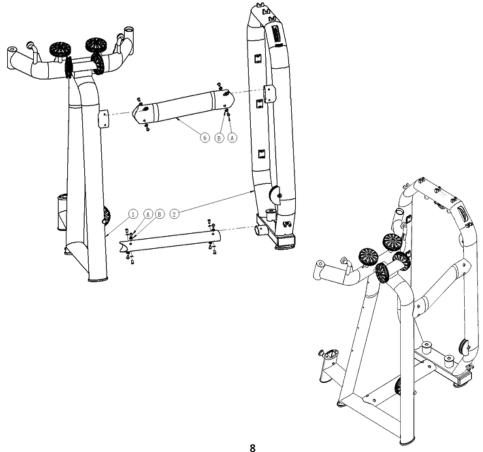
	Blister Pack Screws List				
А	M10X12 Hexagon socket head screws (8pcs)	В	M10X18 Hexagon socket head screws (16pcs)	С	φ10 flat washers (18pcs)
D	M8X25 hexagon socket head screw (4pcs)	E	M8X30 Hexagon socket head screw (1pc)	F	M8X20 Hexagon socket head screw (2pcs)
G	φ8 flat washer (4pcs)	Н	M4×10L cross recessed round head wood screws (14pcs)	J	Φ4 flat washers (14pcs)
К	M8X20 set screw (4pcs)	L	M8X8 set screws (4pcs)	М	M10X20 hexagon socket head screws (4pcs)
N	M10 loose nut (2pcs)	0	M10X45 hexagon socket head screw (1pc)	Р	M10X40 hexagon socket head screw (1pc)
•					
Q	Phillips screwdriver*1pc	R	8mm hexagon wrench*1pc	S	4mm hexagon wrench*1pc
		W			
Т	5mm hexagon wrench*1pc	U	6mm hexagon wrench*1pc	V	17-14 Wrench*1pc

#### **ASSEMBLY**

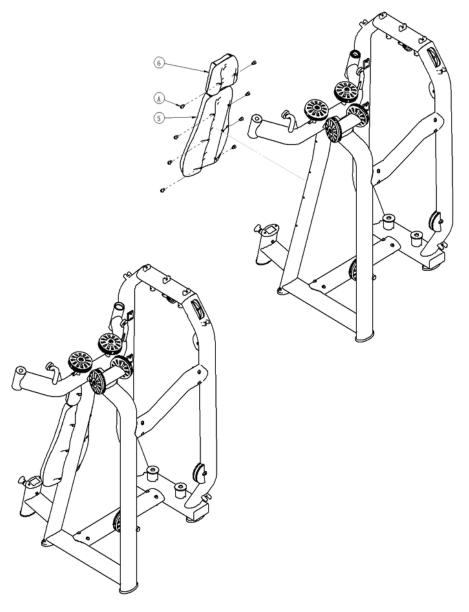


NOTE: Place the packaging with the equipment on a level surface. It is recommended that you place a protective cover for your door. Exercise caution when you are loading and transporting equipment. Unpack and assemble the equipment where it will be used. If necessary, ask the help of someone else.

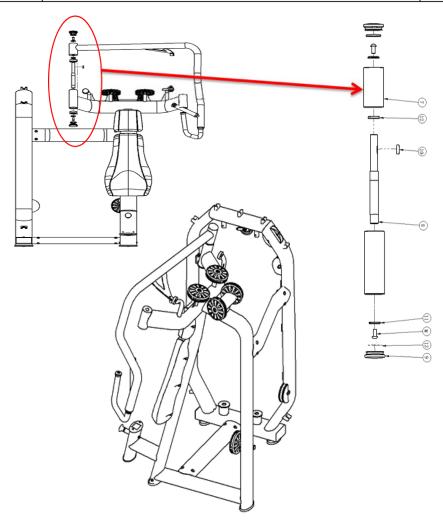
Item NO	Name	Qty
1	D6005-0100 Main bracket	1
2	04-MX6005-0000 Small door welding group	1
3	01-X6012-0123 Bottom connecting pipe	1
В	M10X18 Hexagon socket head screw	16
C	M10 flat washer	16
4	01-X6005-0001 Connecting support	1



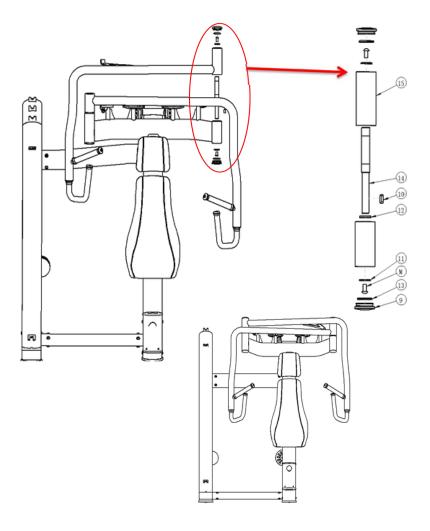
Item NO	Name	Qty
5	Latest large cushion components	1
6	Newest Small Cushion Components	1
Α	M10X12L-N1 Hexagon socket head screw	1



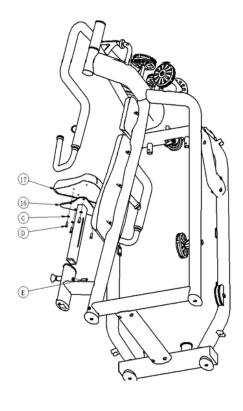
Item NO	Name	Qty
7	D6005-0200 Right arm welding group	1
8	6005-0500 Left shaft	1
9	05-X60-5001 Aluminum pipe plug 60	2
10	Ordinary flat key A type key 8×7×25	1
11	5013-0211 small round baffle	2
12	GT004	1
13	05-X6002-1004 O-type rubber ring	2
М	Hexagon socket head screw (galvanized) M10X20	2

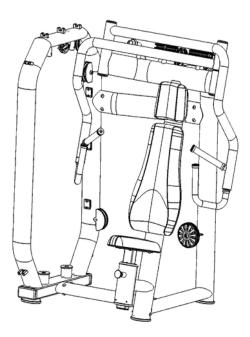


Item NO	Name	Qty
15	D6005-0300 Left boom	1
14	03-X6005-0002 galvanized shaft	1
9	05-X60-5001 Aluminum pipe plug 60	2
10	Ordinary flat key A type key 8×7×25	1
11	5013-0211 small round baffle	2
12	GT004	1
13	05-X6002-1004 O-type rubber ring	2
М	Hexagon socket head screw (galvanized) M10X20	2

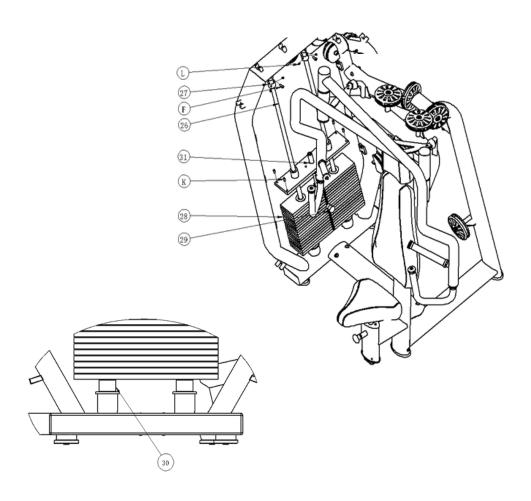


Item NO	Name	Qty
16	D6005-0400 Seat welding assembly	1
17	07-X60-0703 Triangle Cushion	1
D	M8X25 Hexagon socket head screw	4
E	M8X30 Hexagon socket head screw	1
G	φ8 flat washer	4

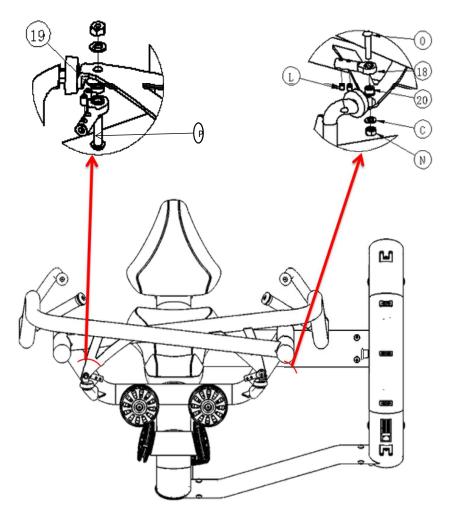




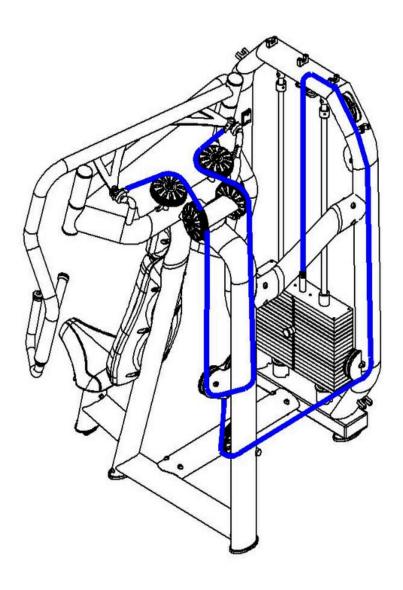
Item NO	Name	Qty
26	03-MX60-0110 Counterweight guide rod	2
27	Plastic Part 91#	2
28	Long weight stack	18
29	41# New Pull Pin	1
30	06-MX60-0611 Weighted Rubber Column	2
31	Long counterweight head set	1
F	M8X20 Hexagon socket head screw	2
Ĺ	M8X8 top screw	4
K	M8X20 top screw	4



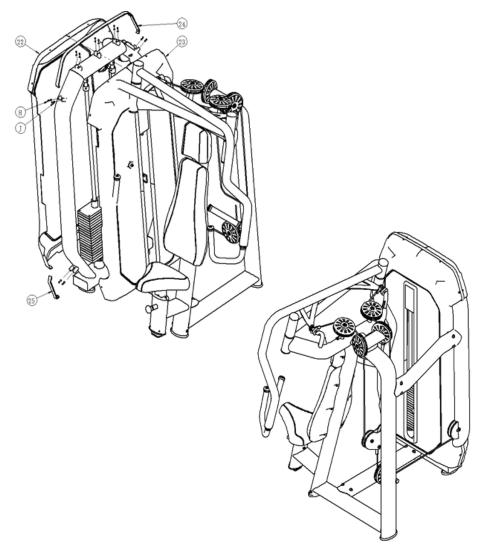
Item NO	Name	Qty
18	M10 spherical plain bearing	2
19	GT003	1
20	GT002	1
С	φ10 flat washer	2
L	M8X8 top screw	4
N	M10 loose nut	2
0	M10X45 hexagon socket round head screw	1
Р	M10X40 Hexagon socket head screw	1



Item NO	Name	Qty
32	D6005 Wire Rope	1



Item NO	Name	Qty
22	D6-002 Single rope rear guard	1
23	D6-001 Single rope front guard set (1pc)	1
24	D6-005 Upper guard	1
25	D6-006 Lower guard	2
Н	M4×10L Cross recessed round head wood screw	14
	Φ4 flat washer	14



#### PREVENTIVE MAINTENANCE

Before you use your equipment make sure it is in good condition. Check the general condition of the equipment, as described in "Safety Information". If the equipment is not in perfect condition, contact an Authorized Technical Assistant.

#### **CLEANING:**

- Never use abrasive or solvents for cleaning.
- Do not leave the equipment exposed to natural agents such as sunlight, rain, dew, dust, salt spray etc.
- Do not put the equipment in dusty environments, wet, saunas or anywhere unventilated.
  - Always use original spare parts. Improper maintenance can cause damage to the
- product and loss of warranty.
  If you prefer, this cleaning can be done by a Technical Assistant (see values).

#### **General Warranty Conditions**

A. The warranty service will only be provided on presentation of the original invoice or receipt and within the limits set out in this term. The warranty will be provided by the Authorized Technical Assistance Network, which covers the main cities in the country. To activate the warranty, the customer must contact the authorized Athletic distributor in their country directly. B. The conditions set out in this contract are guaranteed to the first purchaser and user of this product, in accordance with legal and contractual provisions. The customer should consult the Athletic distributor in the country of purchase for detailed information on warranty coverage and service. C. The warranty will be valid from the date of issue of the invoice or sales receipt, as directed by the Athletic distributor in your country. D. Parts repaired or exchanged under this warranty do not interrupt or extend the warranty period originally stipulated. The warranty period will continue to run from the date of issue of the invoice or sales receipt. E. To benefit from this warranty, the equipment must have been installed by an authorized technical assistant, except for products for residential use only, which can be installed by the user themselves, according to the manufacturer's instructions. F. The warranty does not cover installation services or preventive maintenance, such as cleaning, lubricating and adjusting the product. These services are the responsibility of the user and must be carried out in accordance with the manufacturer's recommendations. G. No reseller is authorized to receive a product from the customer in order to send it to the Authorized Service Department, nor to remove the product from the service department for return to the customer. Furthermore, dealers may not provide information on the progress of the service on behalf of the Manufacturer/Distributor. The Manufacturer/Distributor shall not be liable for any damage or delay that occurs due to this breach of the established rules H. The Manufacturer/Distributor undertakes to keep spare parts available for product maintenance as long as it continues to manufacture or import the equipment. In the event that production or importation of the equipment is discontinued, the Manufacturer/Distributor undertakes to maintain the supply of spare parts for 5 years, to ensure the continued maintenance of the product.

#### **Extinction of Warranty:**

This warranty shall be deemed void when: A. Its normal validity period has expired. B. The equipment has been delivered for repair by persons not authorized by the Manufacturer/Distributor, or if there are signs of violation of its original characteristics, or when there is improper assembly, outside the factory standards. C. Damage resulting from misuse, use of unsuitable cleaning products, oxidation from external agents (such as humidity or prolonged exposure to the open air), negligence, unauthorized modifications, use of non- recommended accessories, falls, punctures, use and installation not in accordance with the instruction manual, electrical wiring with unsuitable voltages, lack of grounding in networks of unsuitable size and/or excessive fluctuations and overloads. D. For the residential line, any type of maintenance carried out by the user or by unauthorized third parties, other than those from the authorized technical assistance network, is prohibited. E. The product has been used in gyms, condominiums, clinics, clubs, saunas, submerged in water, or in any way other than the intended use of the product, or in conditions that go beyond the intended use of the equipment, as specified in the product manual. **Observations: A.** Cables, carabiners, pedals and other components that come with the product must be replaced annually to ensure the safety and proper functioning the equipment. B. of Manufacturer/Distributor shall not be held liable for any accidents and their consequences if the equipment is not in conformity with its original characteristics or if it is assembled outside the factory standard. C. Liability for incorrect use of the equipment, and the costs of unfounded calls (when the service department is called improperly or without justified cause), will be the responsibility of the customer, and the corresponding costs will be charged. **Note:** The Manufacturer/Distributor reserves the right to make changes to the product or warranty conditions without prior notice in order to improve product quality or meet new legal and market requirements.

## Athletic