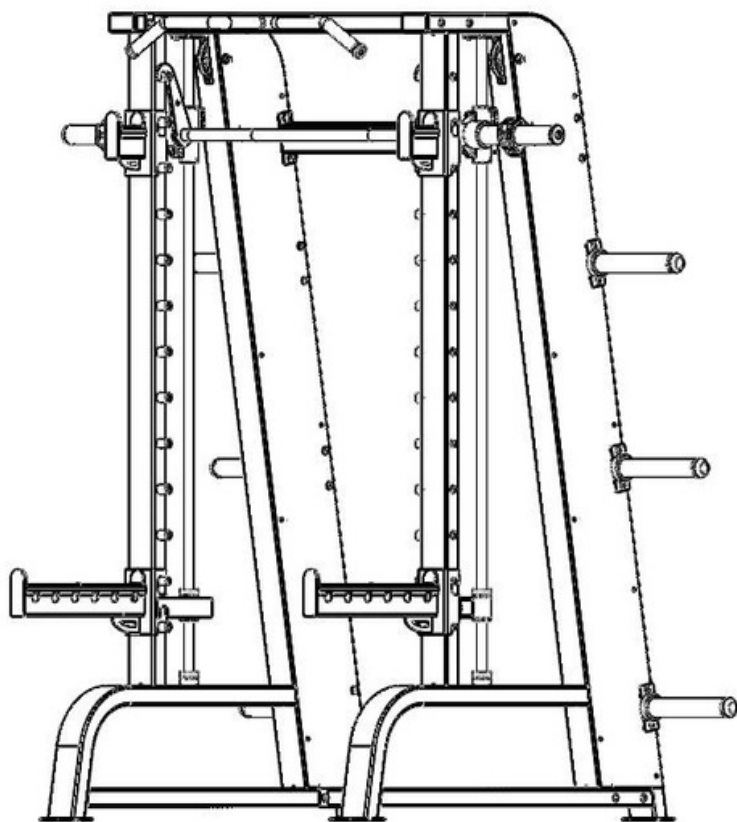


SMITH MACHINE

Athletic

Instruction Manual



It is with great pleasure that we offer you the opportunity, guidance and encouragement to practice aerobic and muscular exercises, getting like this, the physical preparation needed to feel good. We guarantee a reliable and modern product, produced with high technology for people who care about their well-being.

This manual covers the main information, the basic structure and the main operation and preventive maintenance. It will help you familiarize yourself with all the equipment functions, for you enjoy it for a long time.



ATTENTION

Carefully read the safety and usage guidelines contained herein. Follow the guidelines for correct assembly of the product.

Caution: Do not push any objects into the openings of the product. Stay clear of moving parts.

Safety and security: it is the owner's responsibility to ensure that all users are properly informed about safety precautions, use, maintenance and care of the product.



Inappropriate use for children and animals.



MAX
180kg
396 lbs

CONTENTS

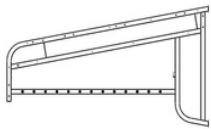

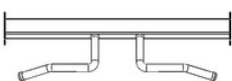


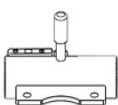

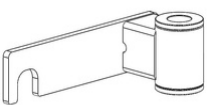
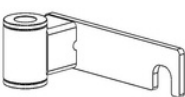



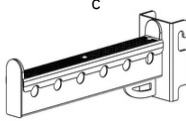
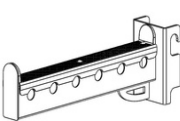
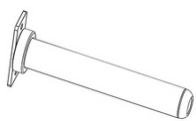



english	COMPONENTS AND TECHNICAL SPECIFICATIONS.....	4
	SPARE PART LIST.....	5
	ASSEMBLY.....	8
	PREVENTIVE MAINTENANCE.....	16
	WARRANTY.....	17


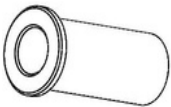











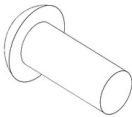



TECHNICAL SPECIFICATIONS



Product		Packaged	
Net weight (approximate)	265kg	Gross weight	300kg
Maximum width	1420mm	Width (carton box)	1230 mm
Maximum length	2000mm	Height (carton box)	370 mm
Maximum height	2175mm	Lenght (carton box)	2230 mm

SPARE PART LIST

Parts list (Individually packaged)					
					
NO.1	Left Side frame welding assembly*1pc	NO.2	Left Side frame welding assembly*1pc	NO.3	Handle holder*1pc
					
NO.4	Connection brace*2pcs	NO.5	Olympic bar adapter assembly*2pcs	NO.6	Sleeve assembly*2pcs
					
NO.7	Counterweight assembly*2 pcs	NO.8	Safety device assembly 2*1pc	NO.9	Safety device assembly 1*1pc
					
NO.10	Olympic bar assembly*1p c	NO.11	Left Hook Components*1pc	NO.12	Right Hook Components*1pc
					
NO.13	Left bumper assembly*1p c	NO.14	Right bumper assembly*1pc	NO.15	Barbell piece assembly*6pcs
					
NO.16	Outer side guards*4pcs	NO.17	Φ25*1745mm Guide Rod*2pcs	NO.18	Φ25*1640mm Counterweight guide bar*2pcs

					
NO.19	Stainless Steel Tube*2pcs	NO.20	Partition sets*4pcs	NO.21	Polymer fixing block*6pcs
					
NO.22	Bottom nylon sleeve*2pcs	NO.23	Round shock absorbing pad*8pcs	NO.24	Nylon sleeve*2pcs
					
NO.25	Nylon end cap*2pcs	NO.26	Nylon sleeve*2pcs	NO.27	Barbell ferrules*2pcs
					
NO.28	Pulley*2pcs	NO.29	Rubber Cover*2pcs	NO.30	Wire cables*2pcs
Blister pack screw schedule					
					
A	M6*10 Half round head screws*36pcs	B	M10*16 Half round head screws*2pcs	C	M10*25 Half round head screws*16pcs
					
D	M10*120 Half round head screws*24pcs	E	10 Gasket*30pcs	F	M10 Anti-loosening nuts*28pcs

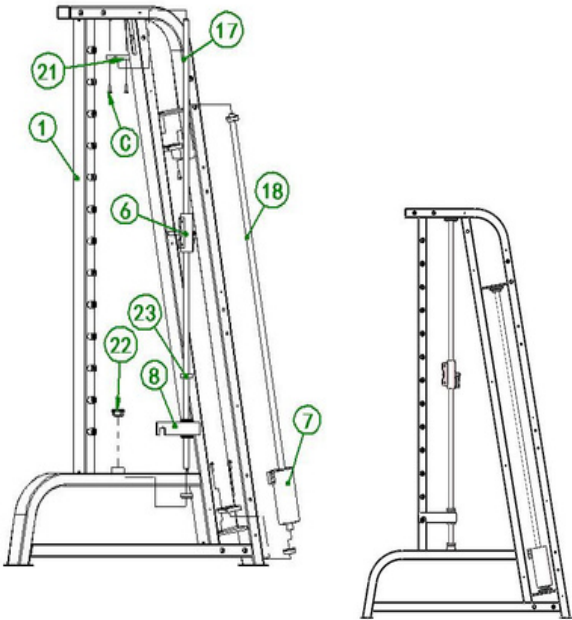
ASSEMBLY



NOTE: Place the packaging with the equipment on a level surface. It is recommended that you place a protective cover for your door. Exercise caution when you are loading and transporting equipment. Unpack and assemble the equipment where it will be used. If necessary, ask the help of someone else.

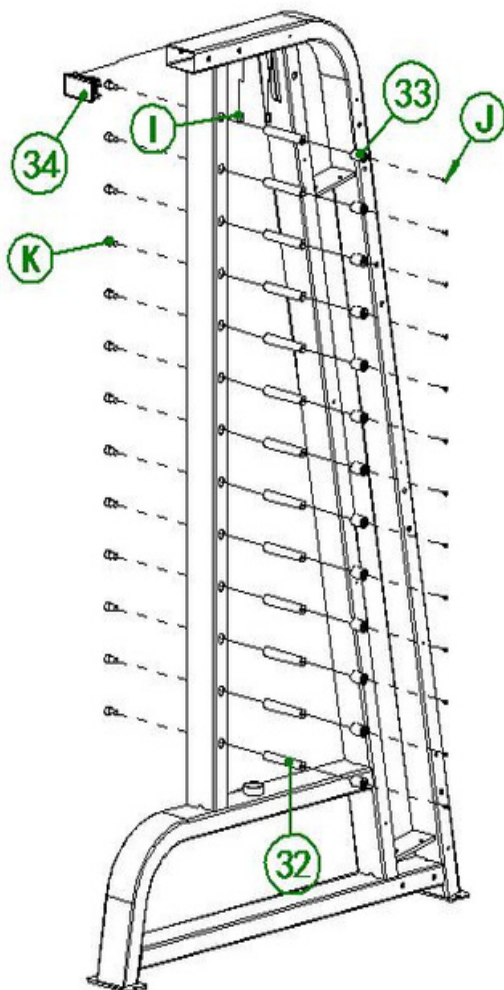
STEP 1

Item NO	Name	Qty	Item NO	Name	Qty
No.1	Left Side frame welding assembly	1	No.8	Safety device assembly 2	1
No.21	Polymer fixing block	3	No.17	Φ25*1745mm Guide Rod	1
No.22	Bottom nylon sleeve	1	No.18	Φ25*1640mm Counterweight guide bar	1
No.23	Round shock absorbing pad	4	No.7	Counterweight assembly	1
No.6	Sleeve assembly	1	C	M10*25 Half round head screws	6



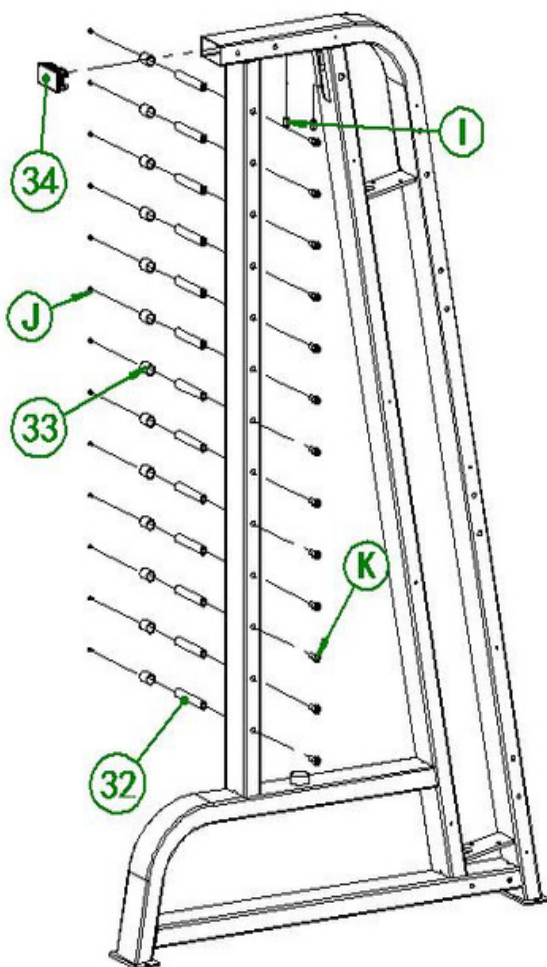
NO.1 Left Side frame welding assembly*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.32	Hook post	13	I	M10 Pull Rivet Nuts	2
No.33	Smith machine sheathing	13	J	5*10 Flat countersunk head screws	13
No.34	50*100Square tube plugs	1	K	M12*20 Cylindrical head screws	13



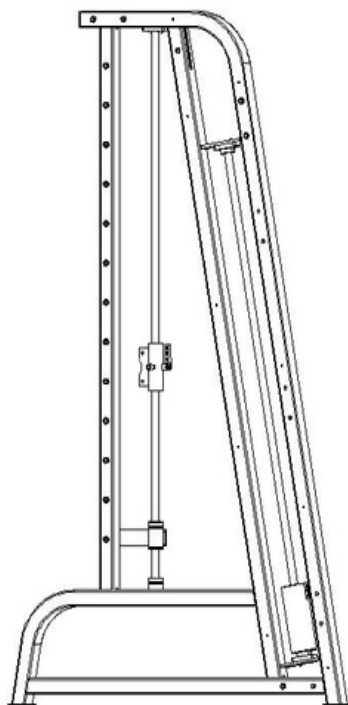
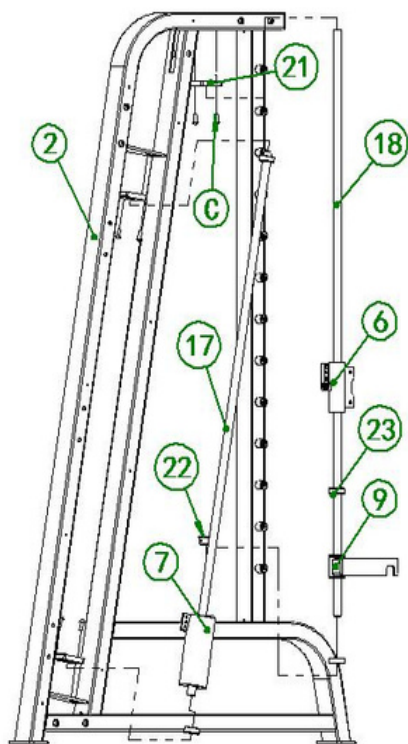
NO.2 Left Side frame welding assembly*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.32	Hook post	13	I	M10 Pull Rivet Nuts	2
No.33	Smith machine sheathing	13	J	5*10 Flat countersunk head screws	13
No.34	50*100Square tube plugs	1	K	M12*20 Cylindrical head screws	13



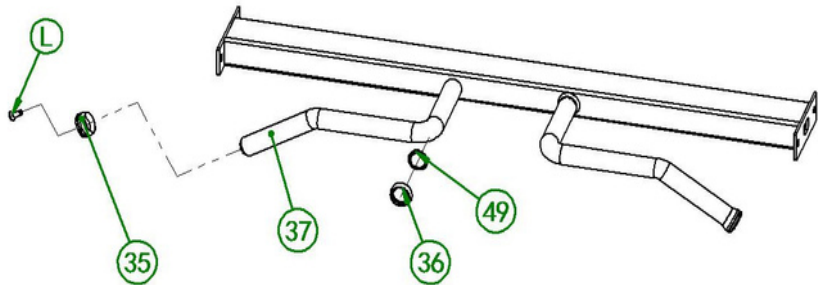
STEP 2

ItemNO	Name	Qty	Item NO	Name	Qty
No.2	Left Side frame welding assembly	1	No.9	Safety device assembly 1 Φ25*1745mm	1
No.21	Polymer fixing block	3	No.17	Guide Rod Φ25*1640mm	1
No.22	Bottom nylon sleeve	1	No.18	Counterweight guide bar	1
No.23	Round shock absorbing pad	4	No.7	Counterweight assembly M10*25	1
No.6	Sleeve assembly	1	C	Half round head screws	6



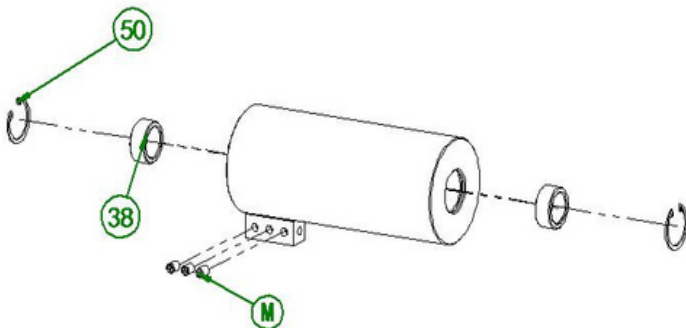
NO.3 Handle holder*1pc

Item NO	Name	Qty	Item NO	Name	Qty
35	Aluminum end caps	2	L	8*20 Flat countersunk head screws	2
36	Aluminum back cover	2	49	Big Yellow Circle	2
37	Φ25 handle rubber *496mm	2			



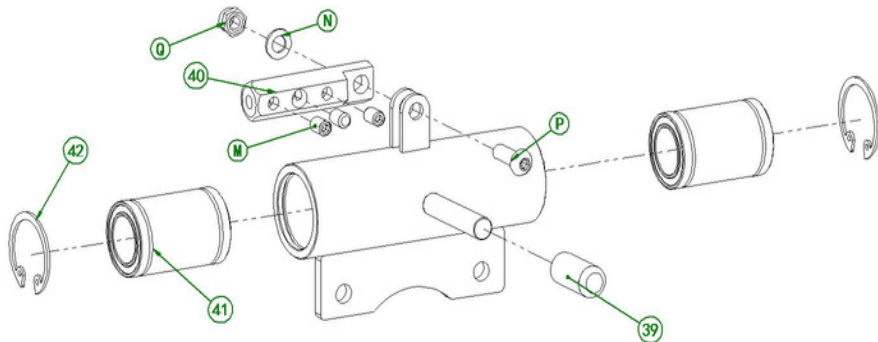
NO.7 Counterweight assembly*2 pcs

Item NO	Name	Qty	Item NO	Name	Qty
No.38	Counterweight inner slide bush	2			
M	M8*12 Top wire	3			
No.50	Φ35 Snap Springs	2			



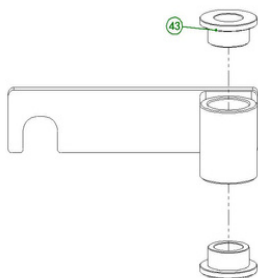
NO.6 Sleeve assembly*2pcs

Item NO	Name	Qty	Item NO	Name	Qty
No.39	Limit sleeve	1	M	8*12 Top wire	3
No.40	Cable Tie Lock Cover	1	N	Φ8 Gasket	1
No.41	Linear bearings	2	P	M8*25 Half round head screws	1
No.42	Φ40 hole snap spring	2	Q	M8 Anti-loosening nuts	1



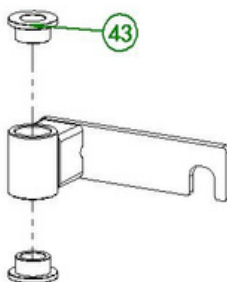
NO.9 Safety device assembly 1*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.43	Safety Guide Bushing	2			



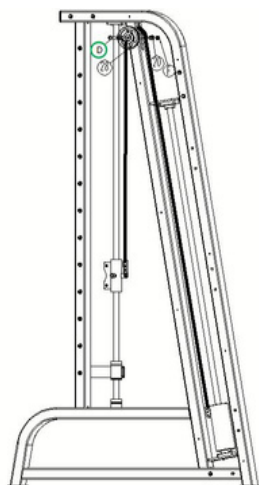
NO.8 Safety device assembly 2*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.43	Safety Guide Bushing	2			



STEP 3

Item NO	Name	Qty	Item NO	Name	Qty
No.20	Partition sets	2	F	M10 Anti-loosening nuts	1
No.28	Pulley	1	D	M10*120 Half round head screws	1
No.30	Wire cables	1			

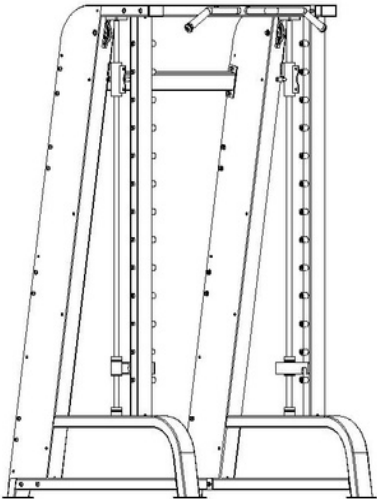
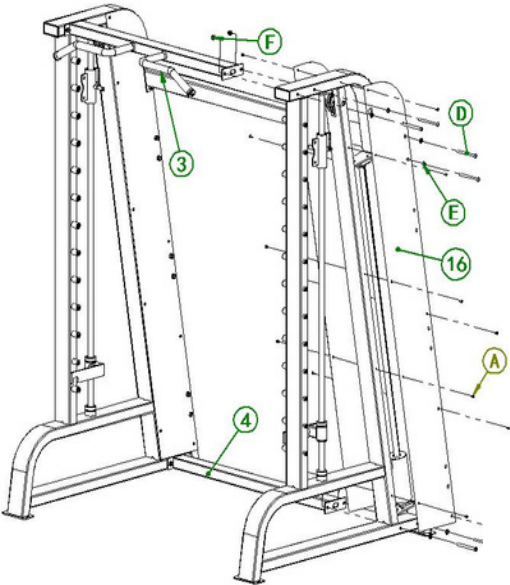


Left side frame wire rope alignment diagram

The right side frame wire rope alignment diagram as above

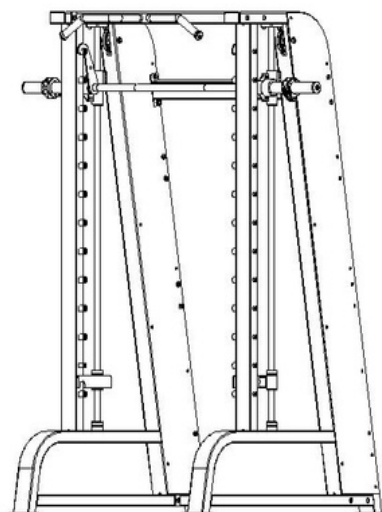
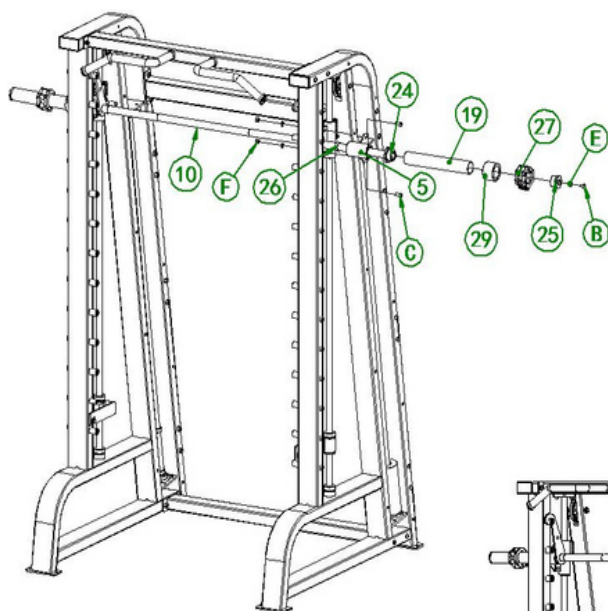
STEP 4

Item NO	Name	Qty	Item NO	Name	Qty
No.3	Handle holder	1	F	M10 Anti-loosening nuts	12
No.4	Connection brace	2	E	Φ10 Gasket	12
No.16	Outer side guards	4	A	M6*10 Half round head screws	36
			D	M10X120 Half round head screws	12



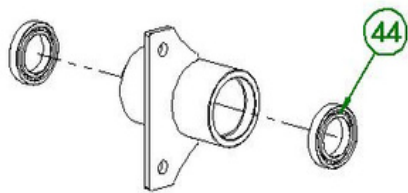
STEP 5

Item NO	Name	Qty	Item NO	Name	Qty
No.10	Olympic bar assembly	1	No.27	Barbell ferrules	2
No.19	Stainless Steel Tube	2	B	M10*16 Half round head screws	2
No.5	Olympic bar adapter assembly	2	F	M10 Anti-loosening nuts	4
No.24	Nylon sleeve	2	C	M10*25 Anti-loosening nuts	4
No.29	Rubber Cover	2	E	Φ10 Gasket	6
No.25	Nylon end cap	2	No.26	Nylon sleeve	2



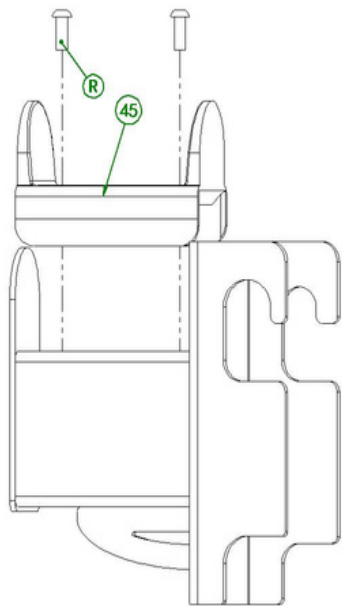
NO.5 Olympic bar adapter assembly*2pcs

Item NO	Name	Qty	Item NO	Name	Qty
No.44	61906 Bearings	2			



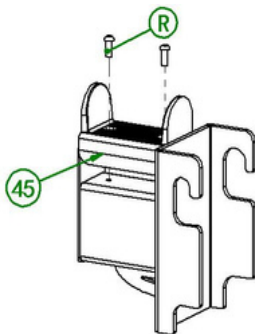
NO.11 Left Hook Components*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.45	Short rubber mat	1			
RM6*16	Half round head	2			
screws					



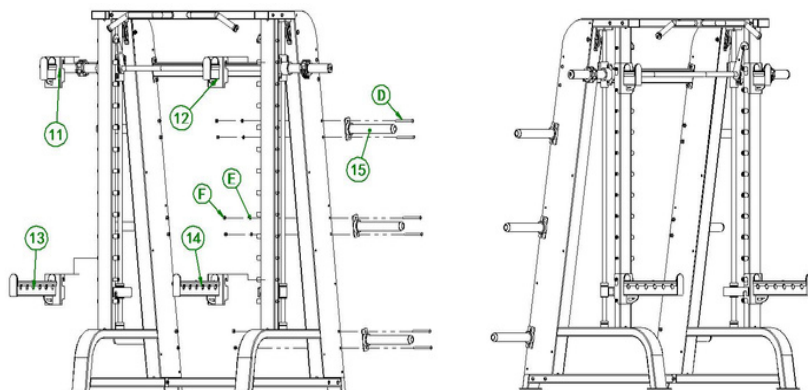
NO.12 Right Hook Components*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.45	Short rubber mat	1			
RM6*16	Half round head	2			



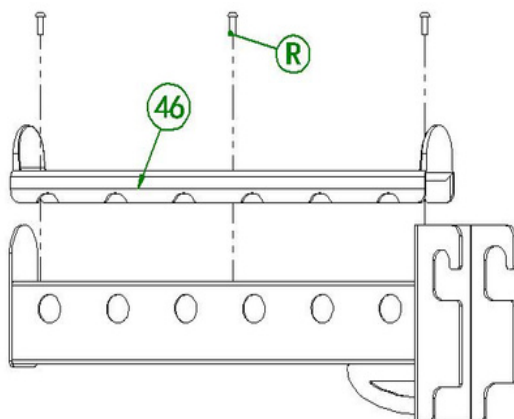
STEP 6

Item NO	Name	Qty	Item NO	Name	Qty
No.11	Left Hook Components	1	No.15	Barbell piece assembly	6
No.12	Right Hook Components	1	D	M10*120 Half round head screws	12
No.13	Left bumper assembly	1	E	Φ10 Gasket	12
No.14	Right bumper assembly	1	F	M10 Anti-loosening nuts	12



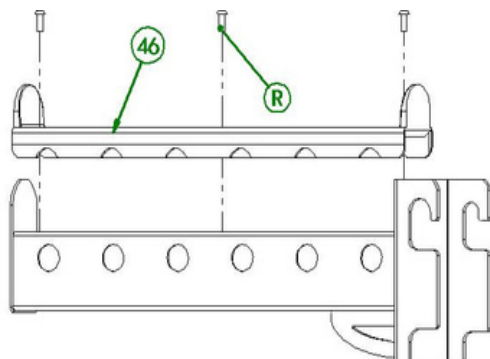
NO.13 Left bumper assembly

Item NO	Name	Qty	Item NO	Name	Qty
No.46	Long rubber mat	1			
R	M6*16 Half round head screws	3			



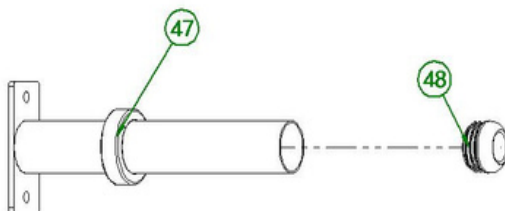
NO.14 Right bumper assembly*1pc

Item NO	Name	Qty	Item NO	Name	Qty
No.46	Long rubber mat	1			
R	M6*16 Half round head screws	3			



NO.15 Barbell piece assembly*6pcs

Item NO	Name	Qty	Item NO	Name	Qty
No.47	Rubber Ring	1			
No.48	Stainless steel pipe plug	1			



PREVENTIVE MAINTENANCE

Before you use your equipment make sure it is in good condition. Check the general condition of the equipment, as described in "Safety Information". If the equipment is not in perfect condition, contact an Authorized Technical Assistant.

CLEANING:

- Never use abrasive or solvents for cleaning.
- Do not leave the equipment exposed to natural agents such as sunlight, rain, dew, dust, salt spray etc.
- Do not put the equipment in dusty environments, wet, saunas or anywhere unventilated.
- Always use original spare parts. Improper maintenance can cause damage to the product and loss of warranty.
- If you prefer, this cleaning can be done by a Technical Assistant (see values).

WARRANTY

Terms of Guarantee

- A. The warranty procedures will be carried out only upon presentation of the note / original coupon tax of Sale and limitations laid down by these Terms. The guarantee shall be provided by the Authorized Technical Assistance Network.
- B. The conditions set out in this Agreement are guaranteed to the first user purchaser of this product for a period of 6 (six) months (including the legal guarantee period - first 90 (ninety) days, counted from the date of issuance of the note / tax Coupon sale, in the event of exclusively residential use.
- C. Warranty and coverage terms start to count from the date of issue of the sales invoice / coupon, including the legal term of 90 (ninety) days.

PARTS AND COMPONENTS	TIME
Structure	6 months
Painting (oxidation)	6 months
Monitor	6 months
Plastic parts and rubber	6 months
Manpower	6 months

- D. Parts repaired or replaced under this warranty does not stop nor extend the warranty period originally stipulated.
- E. To be used by this warranty, the equipment must have been installed by authorized technical assistant, except for residential products.
- F. Warranty does not cover the installation and preventive maintenance services such as cleaning, lubrication and adjustment of the product.
- G. No dealer is authorized to receive client product to refer you local dealer or this take it to return to it and to provide information on behalf of the Manufacturer / Supplier of the progress of the service. The manufacturer / supplier or consumer support are not responsible for any damage or delay due to this non-compliance.
- H. The Manufacturer / Supplier keep available spare parts until they cease the manufacture or import the equipment. If it ceased the production or import of equipment Manufacturer / Supplier keep the spare supply its line of equipment for a reasonable period of time, according to the law.
- I. Within the period of thirty (30) days if the equipment presents some malfunction, the customer may choose to take the product to an authorized posts or requesting service in your home without travel expenses in those counties covered by the Network Authorized Service. After the period of thirty (30) days or in municipalities not covered by the Technical Assistance Network Authorized expenses resulting from any transport of the equipment to a freight service, removal or technical visit by technical assistant,

occur by the customer, whether or not this equipment covered by this warranty.

- J. Lubricants, silicones for equipments, vaseline to the guide weights and micro oil to the joints of weight stations, should be exclusively recommended by the manufacturer, available at Authorized Technical Assistance Network.
- K. Components that wear out with regular use of equipment such as motor brushes, belts, pads, brake bands, felt, steel chains and cables, when this equipment will have warranty for a period of 90 days from the invoice or manufacturing defect found by the Authorized Technical Assistance Network.

Extinction Assurance

This warranty will be considered void when:

- A. Expiry of the warranty term.
- B. Equipment repaired by a person not authorized by the Manufacturer / Supplier, if signs of violation of its original characteristics or non-factory assembly are found.
- C. Damage suffered by the equipment due to improper use, use of inappropriate cleaning products, oxidation from external agents, wear, neglect, modification, use of accessories not recommended, inadequate design for the intended application, falls, perforations, use and opposite installation to the operating instructions, inadequate wiring in the electrical network, lack of grounding in badly sized grids and / or excessive fluctuations and overloads.
- D. For residential line is prohibited any type of user equipment maintenance or a third party other than the technical assistance network.
- E. The product is used in gyms, condominiums, clinics, clubs, sauna, submerged in water or use so that it resembles other than for residential purpose or the application of the purpose intended.

Comments:

- A. cables, carabiners, pedals when existing in the product should be replaced once a year.
- B. The Manufacturer / Supplier is not responsible for any accidents and their consequences, arising from breach of the original features or assembly out of their equipment factory default.
- C. Customer's responsibility are those resulting from unfounded judged answering calls.

Note: Manufacturer / Supplier reserves the right to make changes without notice this.

Athletic